



# OT AUSTRALIA Qld

Australian Association of Occupational Therapists - Queensland Inc.

## CONTINUING PROFESSIONAL DEVELOPMENT EVENT

### COUNSELLING FOR OCCUPATIONAL THERAPISTS

**Dr Pamela Meredith**

**Friday June 11, 2010**

**Centr@I, Dockside Conference Venue, Kangaroo Point**

#### WORKSHOP DETAILS:

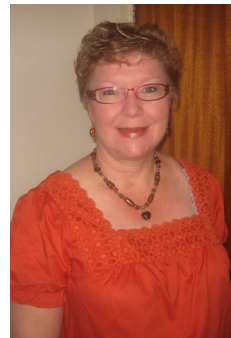
As occupational therapists we often find ourselves in a position to provide counselling for our clients and their families. This may occur in any of the fields in which we work, as we find the people we work with adjusting to the loss of roles, relationships, expectations, hope, and even loss of life.

While basic counselling skills are covered during undergraduate university degrees, practitioners often find that workplace demands necessitate more advanced self awareness and counselling abilities. In this workshop the basics of counselling will be revisited from several theoretical perspectives, including cognitive-behavioural and attachment approaches. Opportunities to apply skills in case study situations including those from participants own workplaces will be available. While not the sole focus of the workshop, bereavement counselling and approaches to grief/loss for adults and children, and spirituality, will be covered.

#### PRESENTER DETAILS:

Dr Pamela Meredith is registered as both an occupational therapist and a psychologist, with a special interest in the factors that influence adaptive functioning across the lifespan. This encompasses areas such as childhood experiences of trauma, parenting, work, coping with chronic illness, and managing major life transitions. Her honours degree in psychology explored links between maternal attachment pattern, infant temperament and postnatal depression, while her PhD addressed the implications of adult attachment patterns for coping with chronic pain.

Dr Meredith presently lectures in occupational therapy at The University of Queensland.



#### VENUE DETAILS:

Deakin Room, Centr@I Dockside Conference Venue, 44 Ferry Street, Kangaroo Point. An all-day parking rate of \$5 is available on site.

OT AUSTRALIA Qld  
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Fax: 3397 6599  
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By attending this Continuing Professional Development event you may be able to claim points towards the Accredited Occupational Therapist Program CPD points. Please check the CPD section in your AccOT manual.



OT AUSTRALIA Qld has the right to make changes to its CPD calendar.

## WORKSHOP DETAILS

**Date:** Friday June 11, 2010

**Time:** 9.30am to 3.30pm (registration starts at 9.00am)

**Venue:** Deakin Room, Centr@I Dockside Conference Venue, 44 Ferry Street, Kangaroo Point

**EARLY BIRD Closes:** Friday May 14, 2010

**Registration Closes:** Friday May 28, 2010

**REGISTRATION FORM OVERLEAF**



## Counselling for Occupational Therapists

Dr Pamela Meredith

Friday June 11, 2010

### Registration Form/Tax Invoice

This registration form is a tax invoice upon payment ABN: 37 355 993 657

<b>REGISTRATION FEES: (All prices include GST)</b>	<b>EARLY BIRD (by Friday May 14, 2010)</b>	<b>Non Early Bird (by Friday May 28, 2010)</b>
OT AUSTRALIA Members	<input type="checkbox"/> \$290	<input type="checkbox"/> \$340
NON Members		<input type="checkbox"/> \$435
<b>Closing Date for Registrations: Friday May 28, 2010</b>		

#### YOUR DETAILS:

Name: \_\_\_\_\_ Professional Association Member Number: \_\_\_\_\_  
 Postal Address: \_\_\_\_\_  
 Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_ Contact Phone: \_\_\_\_\_  
 Email (for confirmations): \_\_\_\_\_  
 Profession: \_\_\_\_\_ Workplace: \_\_\_\_\_

#### SPECIAL REQUIREMENTS:

DIETARY: Vegetarian  Gluten Free  Other: (please specify) \_\_\_\_\_  
 ACCESS: (please specify) \_\_\_\_\_  
 OTHER: (please specify) \_\_\_\_\_

#### PAYMENT METHOD:

**Cheque/Money Order:** (Make payable to AAOT-Qld and post to OT AUSTRALIA Qld, PO Box 729, Stones Corner 4120)  
 **Credit Card** Card Number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry Date \_\_\_\_\_ / \_\_\_\_\_  
 Name on Card: \_\_\_\_\_ Signature: \_\_\_\_\_  
 **Employer Funded**  Payment enclosed (Cheque or Credit Card - complete details above)  
 Please issue tax invoice (Complete information below)  
 Attention: \_\_\_\_\_ Department: \_\_\_\_\_  
 Organisation: \_\_\_\_\_  
 Postal Address: \_\_\_\_\_  
 Line Manager's Signature: \_\_\_\_\_ Line Manager's Name: \_\_\_\_\_

Note: Employer funded registrants must send a copy of their registration form to OT AUSTRALIA Qld and provide confirmation of employer's intent to pay.

**Cancellation Policy:** OT AUSTRALIA Qld reserves the right to cancel or postpone any event. If this occurs registration fees will be refunded, but the Association bears no responsibility for any costs incurred (such as flights, accommodation, travel expenses) or loss of income. Should you be unable to attend, a substitute delegate is welcome on notification to the association. If the substitute is not a member, the non-member fee will apply and extra payment will be due prior to attendance. If you cancel, a refund less \$30 or 10% (whichever is greater) will be given for a written cancellation received 7 days prior to the event. Cancellation within 7 days or failure to attend will result in no refund. The complete registration policy is available on the website: [www.otqld.org.au](http://www.otqld.org.au)

- I give permission for photos taken of me at the course to be used for OT AUSTRALIA marketing purposes only.
- I acknowledge that I have read and understood all the content on this registration form.

Signature of Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

**Return completed form with payment details by fax to: (07) 3397 6599**